



Health and education seminar



Christina Lee, MD
Family medicine

Join us for a doctor’s talk on
Stress Awareness

Wednesday, April 29, 2026
11:00 a.m. – 12:00 p.m.

**Long Beach Transit
Mezzanine Conference Room
In-Person & Virtual**
1963 E. Anaheim St.
Long Beach, CA 90813

- Get your questions answered
- Learn about Optum services
- Giveaways



Reserve your spot!



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Join Optum Dr. Christina Lee Doc
Talk on Stress Awareness

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