

All Aboard LBT

Bimonthly Employee Newsletter

August 2025

CEO CORNER

At LBT, employee wellness is a top priority. When you feel your best, you're able to thrive both at work and in all other aspects of your life. That's why we offer a variety of benefits and wellness resources to support your physical, mental and emotional health.



“**When we strive to become better than we are, everything around us becomes better too.” – Paulo Coelho**

In August, the Human Resources team hosted Health Fairs at LBT1 and LBT2, featuring health screenings, chair massages, and a range of wellness vendors. We also recently wrapped up a fun and successful team walking challenge, and it was great to see so many of you get moving together. Looking ahead, there are even more opportunities to connect with colleagues and stay active. I encourage you to learn more about the different benefits available to you in this edition of the newsletter and to take advantage of them. Let's keep the momentum going and continue making wellness part of our everyday journey.

Kenneth A. McDonald

Employee Wellness and Resources

In this edition of the employee newsletter, we will explore wellness and employee benefits. You'll also get to meet the employees who won the recent walking team challenge. Make sure to also cheer on the 71 LBT employees who signed up for the Long Beach 5K on Saturday, Oct. 4, 2025!

Join us in fostering a healthier and more balanced lifestyle for all employees.



LBT2 Health Fair



BENEFIT HIGHLIGHTS

LBT offers a variety of fun and unique benefits, with the goal of keeping our employees happy and healthy. Learn more by visiting teamlbt.com/benefits.



Employee Assistance Program

LBT employees and household members have 24/7 access to consultants, at no cost, to make life easier. Confidential help is available for relationship issues, workplace conflicts, mental health, elder care support, legal and finances, and more. If you need help call [866.374.6061](tel:866.374.6061) or log in to liveandworkwell.com with access code "LBT" for more information.



UHC Rewards

Through UHC Rewards, there are a variety of actions — including many things you may already be doing — that lead to rewards. Did you know you can earn up to \$300? The activities you choose are up to you, as well as how you spend your earnings. Please download the UnitedHealthcare app or visit myuhc.com and select UHC Rewards to sign in, register and activate your account.



One Pass

One Pass is a single membership that gives you access to a nationwide network of fitness locations, with in-person or digital memberships. Employees can enjoy multi-location access to gyms and studios anywhere in the country, so you can explore a variety of group classes and workouts that match your interests. Please visit uhc.com to learn more.



Calm App

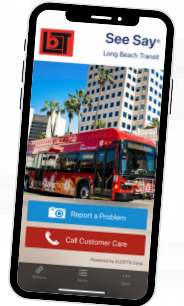
LBT employees get a free subscription with up to five dependents for free. Calm helps you lower stress, lessen anxiety, improve focus and get more restful sleep. You can get the free subscription by visiting teamlbt.com/calm.

NEWS AND UPDATES

Coming soon: See Say App

LBT will launch a pilot program on Tuesday, Sept. 2, 2025, with the See Say app, a real-time safety and security reporting platform. Customers will be able to report issues like assault, harassment, disruptive behavior, homeless-related concerns, or request for security on board.

These reports will go directly to LBT dispatch through the app, phone number, or online form to provide appropriate support and attention.



Guess the Stop!

Where do you think this bus stop is located? Use the hints and find the answers at teamlbt.com/guess or scan the QR code.



A

This scenic stop is where we connect customers from land to the sea.

It's served by Route 131 and is a short walk away from an AquaLink dock.

Which bus stop am I?

B

This bus stop is near a Metro station and a hospital.

It is served by the only route that travels the freeway.

Which bus stop am I?

C

This bus stop transports many students and connects customers to Orange County.

It is served by nine routes.

Which bus stop am I?

MEET THE TEAM WALKING CHALLENGE CHAMPIONS!

Congratulations to the winning team of the recent California Coastline Team Walking Challenge, Team 41! Although team members were randomly selected and participated individually, their shared effort helped them walk their way to first place with an average of 9,667 daily steps. Learn about each team member and their experience while taking part in the challenge:



Kip Boatwright
Supervisor,
Transit Service
Delivery

"The walking challenge was fun. It motivated me to walk my dog for longer distances than usual to get my steps in," Kip said. "The challenge also motivated me to use the treadmill in the gym at LBT2 on my breaks. When I would see my teammates, it was nice to talk and motivate each other."

"The team walking challenge was a fun way to hit my daily goals," Vicky said. "Being in a team motivated me to hit my daily steps; I knew my team was counting on me. It felt as if we were walking together as a team, even if we weren't."



Vicky Gallo
Service Planning
Analyst



Terry Coon
Manager, Finance

"I am always ready for a challenge, and I've found that taking on challenges with others makes it even more enjoyable," Terry said. "This challenge was especially fun because I was placed on a team with people I don't usually get to work or interact with."

"The walking challenge was a great way to build camaraderie with colleagues," Maritza said. "I made it a point to walk at lunch around LBTCO, LBT1, and LBT2, which gave me the chance to see more faces, chat with people in different departments, and promote the challenge along the way. I was more consistent in taking evening walks at home, using my baby as a 'weighted vest' to keep up the pace!"



Maritza Luviano
Human Resources
Generalist



LBT1 Health Fair



**LBT2 Health Fair
Night Shift**



July Safety Blitz



ACE Presentations

LIVING LBT VALUES

Bus Operator Jose Almaraz was recognized for helping a critical missing person in Long Beach. In June, a citywide alert about a missing person with an intellectual disability was sent by police - and within 10 minutes - Jose saw the person while driving his route. He contacted communications and reported the location. Thanks to his quick action, police were able to locate the person safely. Jose's responsiveness and care reflect LBT's commitment to operating with integrity and prioritizing safety.



Do you have a story of a colleague living LBT's values you want to highlight? Let us know! Reach out to Communications and Marketing Coordinator Emily Rasmussen at **562.489.8463** or erasmussen@lbtransit.com.

Employees of the Month

JUL



Vondala Whitehead
Bus Operator
11 years with LBT



Marlon Perez
Mechanic
27 years with LBT



James Tai
Executive Assistant to
the Deputy CEO
7 years with LBT

AUG



Jose Garcia Dominguez
Bus Operator
3 years with LBT



Nam Ngo
Utility Worker
21 years with LBT



Thelma Zaras-Medrano
Customer Care Supervisor
21 years with LBT

LBT is Hiring!

Do you know someone who would be a great candidate to join LBT? Or, are you looking for a promotional opportunity? Please visit our careers page at ridelbt.com/careers.

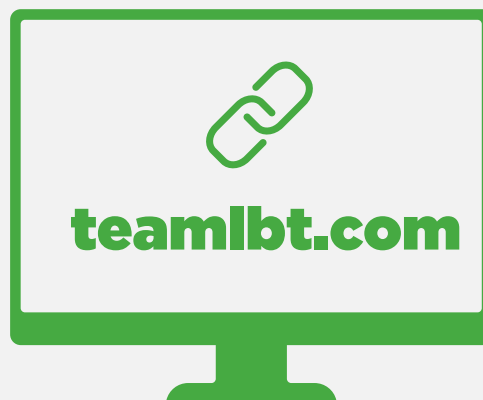
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LBTech Talk

Scan the QR code or visit teamlbt.com/lbtechtalk to learn the latest IT tips.

