## Around the World



## Join the LBT Walking Challenge!

Monday, May 12, 2025 - Sunday, June 8, 2025

LBT's Human Resources team wants to help our employees get moving in a fun way! Participants can win prizes and improve overall wellness. Move the equivalent of 10,000 steps per day to complete the challenge. You can also convert other physical activity into steps.

## **Prizes:**

All registered participants:

**LBT T-shirt** 

• 150,000 steps:

LBT backpack

300,000 steps:

**LBT** water bottle

The top 3 winners:

\$25 gift card

Have questions? Contact Human Resources Benefits Coordinator Ingris Lopez at <a href="mailto:ilopez@lbtransit.com">ilopez@lbtransit.com</a>.

http://lbtransit.thrives.app





