



A flexible approach to fitness memberships



One Pass™ is a single membership that gives you access to a nationwide network of fitness locations.

Here's how One Pass works

No matter what your fitness goals are, One Pass is designed with flexibility in mind to help meet your needs.



Choose the membership for your budget

There are several membership tiers to choose from—starting at just \$25 per month—so you can select the one that best fits your needs. You can even change tiers monthly.



Visit any fitness location within your membership tier

Enjoy multi-location access to gyms and studios anywhere in the country.



Create your fitness routine

Explore a variety of group classes and workouts that match your interests.

A Rally experience

One Pass is available to eligible members as part of your Rally® experience. Sign in to your myuhc.com® account to access One Pass.

Learn more

Visit uhc.com/joinonepass and select the **One Pass** tile

**United
Healthcare**

One Pass is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships under this program.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).