



**EAP IS ONLY**  
— *for work-related* —  
**PROBLEMS.**

**TRUE OR FALSE**

**FALSE.**

EAP offers you and your loved ones support, information and referrals for many of your personal needs.

Confidential assistance and support around the clock, anytime you need it. Find out what this benefit can do for you.

**Real people. Real life. Real solutions.**

Your Employee Assistance Program

**(866)374-6061**

Or log on to [liveandworkwell.com](http://liveandworkwell.com)

Access code: LBT

\*In California these services are provided by OptumHealth Behavioral Solutions of California.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

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